

# Responsible Sourcing is core to our businesses.

## The following species have an MCS 1-3 rating.

Developed by the **Marine Conservation Society**, this system has been developed to help consumers choose the most environmentally sustainable fish.

'Best choices' are rated 1 - 2. Species rated 3 can be eaten, but not too often.



### Atlantic Cod

Icelandic or Norwegian offshore fishery  
MSC certified.

- Rating 3 -



### Atlantic Halibut

Farmed.

- Rating 2 -



### Atlantic Bluefin Tuna

From licensed South West hook and line  
day boats.

-Rating 3-



### Coley

MSC certification.

- Rating 2 -



### Dover Sole

Cornwall and Devon.

- Rating 2 -



### Gilthead Bream

Farmed with certification,  
Global G.A.P.

- Rating 2 -



### Haddock

Northeast Arctic, Icelandic and  
Norwegian MSC certified fisheries.

- Rating 2 -



### Hake

European from Cornish or Scottish  
fisheries with MSC certification.

- Rating 2 -



### Lobster

Canadian with MSC certification.

-Rating 3-



### Mackerel

UK caught.

- Rating 3 -



### Megrim

Otter Trawl, Northern North Sea, West  
of Scotland or Rockall, and Cornwall.

- Rating 3 -



### Mussels

Farmed, England and Cornwall.

- Rating 3 -



### Monkfish

From South West Fisheries.

- Rating 3 -



### Octopus Tentacles

MSC certified.

-Without Rating-



### Palourde Clams

Poole Bay.  
Best option - hand collected.

- MSC Certified | May to Dec-



### Plaice

UK Caught South West and Icelandic.

- Rating 3 -



### Rainbow Trout

Farmed UK, Global G.A.P.

- Rating 2 -



### MSC Scallop Meat

From MSC certified USA or  
Japanese fisheries

- MSC Certified | Without Rating -



### Stone Bass | Meagre

Farmed Global GAP certified.

- Rating 2 -



### Salmon, Atlantic

Farmed.

- Rating 3 -



### Sardine

UK Caught, MCS certified fisheries.

- Rating 2 -



### Seabass

Farmed, Global G.A.P.  
Wild | Line caught.

- Rating 2 -



### Squid

MSC certified.

-Without Rating-



### Turbot

Farmed, Global G.A.P.

- Rating 2 -



### Yellowtail Kingfish

Zealand farmed ASC certified.

- Rating 1 -